

SVS Volunteer Visions

VOLUME 2

OCTOBER 11, 2004

Stephens Volunteer Services, 59 Winter St, Norway, Maine 04268

Volunteer Recognition Dinner, October 26, 2004

Of Note:

- Please join us at the Volunteer Recognition Dinner on October 26, 2004. RSVP to 743-1562, ext. 475.
- Flu shots subject to availability through Employee Health anytime after November 1, 2004.

The Western Maine Health Stephens Volunteer Services Council invites you to a Harvest Volunteer Celebration on October 26, 2004 in the Harper Conference Center, at 5:30 p.m.

We look forward to seeing you.

*In order to provide adequately for those who are attending, an accurate count is needed. **Reservations are necessary before October 25, 2004.** (Contact Liz at 743-1562, ext 475).*

Andrea Burns & Liz Bennock

SVS Council Co-chairs



Excellence, Respect,
Compassion, Service

SVS Scholarship Recipients

The SVS Scholarship Committee recently awarded a total of \$3,250 to the following worthy individuals: Dianne Irving, Penny Blake, Heather Kimball, Jim Worobe, Jennifer Casey. Congratulations to all!

Flu Shot Update!

Flu Shot update!

There is a possibility that flu shots will be in short supply this year, due to the fact that one of the country's major suppliers has recalled all of its vaccines. If you are a cur-

rently active volunteer and have not had your flu shot yet, feel free to call the Employee Health Nurse, Julie, to check on availability and to schedule a time.

Remember, if available, flu

shots are free for all currently active volunteers.

The Employee Health Nurse is located with Human Resources at 59 Winter St, Norway and can be reached at 743-1562, ext. 415.

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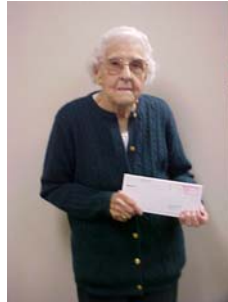
Volunteer Spotlight—Helen DeCato

This column will be dedicated to highlighting our wonderful volunteers and the valuable contributions they make.

Our volunteer spotlighted for this issue is Helen DeCato, who has always lived in South Paris and who has been volunteering here for over 20 years!

Helen notes that things are quite a bit different than when she first started volunteering

here. Then she used to sort mail, stuff envelopes, run the copier for 2 days a week—and she used to run errands for the “nice patients,” who became like



friends to her.

She notes that there is not as much mail now that patient stays are so much shorter, and she doesn't know the patients like she used to. But she still enjoys her volunteer time!

You can see Helen's smiling face every Saturday morning. She does a marvelous job, and we are happy she chose our organization to volunteer in!

Thank You!

The SMH Courtyard is planted & maintained by volunteers, supported by the Maintenance Department. Plants are donated by individuals & local businesses. If you wish to donate perennials, fall flowers or spring bulbs, or volunteer in the garden, please contact Ann Morton at 665-3123.

Stephens Volunteer Services would like to thank the many individuals & businesses that contribute to making our SMH Courtyard a thing of beauty. The list is long: Kim Ayotte, Breezy Hill Farm & Greenhouses, Smedberg's Crystal Spring Farm, Ginny Gamble, Jack's Greenhouse, Lynn Mason, Paris Farmer's Union, Lynn Ramsey, Carol Tibilcock, and Young's Greenhouses, to name a few.

And let us not forget our wonderful Courtyard Volunteers, who donate endless hours to make our viewing of the courtyard a true pleasure. The work is much appreciated!



Christmas Tree Lights Fundraising Alert!



The annual Christmas Tree Lighting ceremony will once again be held on the first Wednesday of December at 5:00 p.m. (December 1)

As in the past, you may buy a light “in honor of” or “in memory of” a loved one. The cost is

\$5.00 or more per light. You may buy as many lights as you would like.

You will soon receive a letter and donation slips in the mail, and are asked to sell these in order to promote this fundraising event.

Condolences

It is with great sadness that we announce the passing of Mrs. Alice B. Cornwall and Mrs. Grace Cummings on October 1, 2004.

Mrs. Cornwall was a charter and active member of the SMH Auxiliary and served as an SMH Board of Trustee from 1961 until her retirement from the Board in 1997. At that time she was elected the hospital's

first Trustee Emeritus.

She was instrumental in a variety of fundraising efforts, including the annual Christmas Tree Lighting program and the "Caring Tree" campaign to fund the construction of the walkway between the hospital and the Ripley Medical Office Building.

She will be sorely missed by all who had the good fortune to

know her, and we send our sincere condolences to her family.

Mrs. Cummings, who lived in the South Paris area for many years, had been a long time Auxiliary member and supporter of the volunteers at Stephens Memorial Hospital. She too will be sorely missed by all. We send our sincere condolences to her family as well.

Book Cart

The Book Cart provides many hours of reading enjoyment to our patients and visitors at Stephens Memorial Hospital. New books and magazines are always needed.

If you would like to donate paperback books or current magazines in good condition, you can bring them to the

hospital and deposit them in the book drop.

The book drop is located in the small hallway that leads from the Chapel to the Medical/Surgical Unit.

This book cart serves a valuable purpose, and is very much appreciated by inpa-

tients and visitors to the waiting areas alike.

So lend a hand, give a book (or magazine).

We will put it to good use!

The Book Cart is ably maintained by Georgiana Pacent and her wonderful crew of helpers.

Stephens Volunteer Services Gift Shop



Come visit our new & improved Gift Shop!

The newly renovated Stephens Volunteer Gift Shop is now open for business! Ably maintained by


Barbara Wright (gifts) and Sue West (cards), the Gift Shop is a great place to pick up a great gift for a loved one. And if it's cards you need, the Gift Shop has a wonderful selection of beautiful, inexpensive cards for

all occasions.

Come in, have a bite to eat in the Coffee Shop and browse the wonderful displays in the Gift Shop. You won't be sorry you did!

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SVS Council—A
collaborative effort
between volunteers
& staff of Western
Maine Health

The SVS Council Members

Co-chairs: Andrea Burns & Liz Bennoch

Secretary: Mary Bickford

Treasurer: Bonnie Carver

Standing Committee Chairs: Lorraine Piirainen (Coffee Shop), Barbara Wright & Sue West (Gift Shop & Cards), Tally DeCato (Scholarship), Suzanne Grover & Connie Shorey (Special Projects), Elinor Goodwin, Freda Truman & Lisa Jones (Thrift Shop), Deirdre Newton (Acute Care).

Volunteers-at-large: Deirdre Newton, Ann Morton

Staff Liaisons: Jackie Preston & Elton Cole (Coffee Shop), Tracey Geary & Deb Clark (Community Education & Outreach), Tracey Geary (Special Projects), Pat Cook (Scholarship), Lynne Whitney (Long Term Care).

Chaplain News

Welcome to the newest member of the Chaplaincy Program, Vicki Carpenter! The ranks continue to grow at a gratifying rate, and our Chaplains provide a wonderful service to our patients!

Volunteering Opportunities at Western Maine Health

Areas of Opportunity:

- Thrift Shop
- Coffee Shop
- Greeter
- Patient/Resident Visitor
- Transporter
- Bingo Caller/Assistant
- Clerical Tasks
- Maintenance
- Gardening/Landscaping
- Fish Tank Maintenance
- Manicures for Residents
- Book Cart
- Food Services
- Stocking Shelves
- Various Fundraising Activities
- Anything else you might like to do!

Don't have time to volunteer? How you can help!

Shop in our Gift Shop! We have a wonderful selection cards and gifts.

Donate your used clothing to our Thrift Shop.

Donate paperbacks and magazines to our book cart.

Buy a Christmas Tree light—on sale now in our Coffee Shop!